

BOWIE INTERNAL MEDICINE ASSOCIATES

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BOWIE, MD 20716

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H. PYLORI BREATH TEST

Patient Instructions

STOP 2 WEEKS BEFORE YOUR TEST:

PROTON PUMP INHIBITORS (PPI):

Dexilant (Dexlansoprazole), Nexium (Esomeprazole), Prevacid OTC (Lansoprazole), Zegerid OTC (Omeprazole), Protonix (Pantoprazole), Aciphex (Rabeprazole)

H2 BLOCKERS:

Equaline, Tagamet, Pepcid, TUMS Dual Action, Axid

BISMUTH PREPARATIONS:

Kaopectate, Maalox Total Relief, Pepto-Bismul

NOTE:

NO allergy to ASPARTAME.

ANTACIDS are okay except MAALOX Total Relief

If you are taking any antibiotics during the week before your test- please call the office to reschedule your test.

FAST FOR 1 HOUR BEFORE YOUR PROCEDURE

Your symptoms may be caused by a common bacterial infection called Helicobacter pylori (H. pylori).

H.pylori affects nearly 1 in 3 Americans. It can cause common symptoms like heartburn, nausea and bloating. It also is what causes up to 90% of stomach ulcers. If left untreated, it can sometimes lead to painful stomach inflammation, sever ulcers and, in some cases can increase the risk of gastric cancer.

This is a painless test, takes about 10 minutes. It enables your doctor to prescribe treatment right away.

For additional questions please call our office at 301-262-8188.