

RITU M. SACHDEV, M.D.

Gastroenterology

14999 Health Center Drive, Suite 201
Bowie, Maryland 20716

301-262-8188
Fax 301-464-8233

HEMORRHOID BANDING

is scheduled for **Hemorrhoid Banding** on the following dates:

Date: _____ Arrival Time: _____

Date: _____ Arrival Time: _____

Date: _____ Arrival Time: _____

Hemorrhoid Banding requires 3 dates spaced 2 weeks apart.

PLEASE CONTACT GREENBELT ENDOSCOPY CENTER AND BOWIE INTERNAL MEDICINE WHEN CANCELLING YOUR PROCEDURE.

Location: Greenbelt Endoscopy Center
9821 Greenbelt Road, Suite 103
Lanham, MD 20706
Telephone: 301-552-1801
Fax: 301-552-2695
Web:www.greenbeltendoscopy.com

Enclosed is the information for your upcoming procedure with Dr. Sachdev at Greenbelt Endoscopy Center.

Please read all of these instructions several days prior to your procedure.

If you are taking **Coumadin, Plavix or NSAIDs**, it will need to be discontinued 5 days prior to your procedure.

Please be aware that some insurance plans may not cover all of the medical claims associated with your procedure. You may receive multiple bills from the providers performing your procedure including Dr. Siegel or Dr. Sachdev, Greenbelt Endoscopy Center and any other provider involved with your procedure. Please contact your insurance company to verify what your out of pocket expenses are going to be. You may also contact the billing department at the Greenbelt Endoscopy Center on 240-553-0301.

If there are any questions please contact our office at 301-262-8188.

INSTRUCTIONS FOR HEMORRHOID BANDING

A FEW DAYS BEFORE YOUR BANDING

THE DAY BEFORE THE PROCEDURE

- ❖ If applicable, take blood pressure, asthma, and seizure and heart medication with small sips of water.
- ❖ Avoid drinking alcohol for 24 hours prior to the procedure.
- ❖ A staff member from Greenbelt Endoscopy Center will contact you to go over information concerning the procedure.

ON THE DAY OF THE PROCEDURE

- ❖ Please report to the Endoscopy Center on time.
- ❖ Leave all valuables at home.
- ❖ If you wear contact lenses please wear glasses the day of your procedure.
- ❖ Bring all your medications.
- ❖ Bring your co-payment and referral, if applicable.
- ❖ Bring your insurance card.

ONCE YOU ARRIVE AT GREENBELT ENDOSCOPY CENTER

- ❖ Report to the reception desk for registration. The patient will be taken to the admission area.
- ❖ Once the patient arrives in the admission area a nurse will perform the pre-op assessment and complete the necessary documents.
- ❖ Patients will then be transferred from the admission area to the procedure room.
- ❖ After the procedure is performed, you will be transferred to the recovery room.
- ❖ Dr. Sachdev and the recovery room nurses will give post procedure instructions to the patient. A copy will be given to the patient to take home.
- ❖ You will receive a phone call from Greenbelt Endoscopy Center the day following your procedure for any questions or concerns.

NOTE: Total estimated time is about 30 minutes for your procedure.

If you do have a cardiologist and have scheduled an appointment, please call 301-262-8188 x211 to notify the office of the appointment for our records.

UNDERSTANDING HEMORRHOID BANDING

What is an banding

Why is banding done? Your physician will place a tiny rubber band around the internal hemorrhoid to cut off its blood supply. The hemorrhoid then shrinks and falls off within a day or so, usually without you noticing. And that's it. Once the hemorrhoid is gone, so are your symptoms.

What preparation is required?

None

What about my current medications?

Please discontinue blood thinners, Plavix, NSAIDs for 5 days before your procedure. Please discuss with your prescribing provider for approval to discontinue these drugs.

What can be expected during banding?

You will have a rectal exam followed by an anoscopy. Your physician is able to look for anal fissures, hemorrhoids, ulcers etc. The band is then placed in the rectum. You may feel a pressure like sensation.

What happens after banding?

You may feel a foreign body sensation in your rectum. You may be prescribed an ointment or crème to apply in your rectal area. You need several sessions to minimize the risk of complications and severe pain.

What are the possible complications of banding?

The CRH O'Regan System™ is a simple, painless and highly effective procedure (99.1%) that can be performed in less than a minute.

YOUR PROCEDURE

Please follow your gastroenterologist's pre-procedure instructions very carefully. Notify your gastroenterologist if you are taking any blood thinners (including aspirin), require antibiotics prior to invasive procedures, take insulin or take blood pressure medication. Also, if you have any special needs, or if you know you are pregnant or think that it is a possibility, please alert your doctor at the time you are scheduled.

Please be advised that a GEC nurse will call your home the day before the procedure. Please make sure that you are available. If you are not available, a message concerning your procedure will be left on your answering machine or with the party answering the phone **unless you inform us not to do so.**

Please bring a list of the medications you are currently taking. Please notify us anytime this information changes so that we may update your records.

Directions

From Route 495 S (Richmond): Take exit 22A (BW Parkway) towards Baltimore. Take the next immediate exit (Rt. 193 Greenbelt NASA). Go east on 193 for 2 1/2 miles until you get to the intersection of Good Luck Rd. Turn right on Good Luck Rd. and immediately get in the left lane. Turn left into the first driveway into the complex. Continue straight and then make a left to the lower level parking lot. You will see the Greenbelt Endoscopy Center sign outside of Suite 103.

From Route 495 W (Baltimore/College Park): Take exit 23 (193 East). Veer right and follow the signs for 193 E (Greenbelt Road). At the light turn left onto 193 E. Go east on 193 for 2 1/2 miles until you get to the intersection of Good Luck Rd. Turn right on Good Luck Rd., and immediately get in the left lane. Turn left into the first driveway into the complex. Continue straight and then make a left to the lower level parking lot. You will see the Greenbelt Endoscopy Center sign outside of Suite 103.

From Bowie: Take 450 W. Turn right onto Route 193 W (Glenn Dale Blvd.). After you pass route 564 (Lanham-Severn Rd.) route 193 becomes Greenbelt Rd. Continue on 193 W until you get to the intersection of Greenbelt and Good Luck Rds. Make a left at the intersection and stay in the left lane. Turn left into the first driveway into the complex. Continue straight and then make a left to the lower level parking lot. You will see the Greenbelt Endoscopy Center sign outside of Suite 103.

